



New Location! Same Team



Getting to CP Adventure, Russborough House Blessington Co Wicklow

Located 20km from Dublin. Russborough is just off the N81 and easy to get to from anywhere in Ireland Dublin Bus No.65

# SCHOOL PROGRAMMES

Adventure is Everywhere  
Outdoor Adventure



## NEW for 2020

**New purpose built Activity Centre to include:**  
 Ropes Course, Zipline (Now over 100 metres), Climbing Tower, Bouldering, Abseiling, Archery Range, War Canoes, Sit on Top Kayaking, Canoeing, Orienteering, Biking, Target Training, Archery Tag, Team Tasks, Bushcraft and more..

**Secondary School Full Day & Overnight Packages**  
 New Transition Year & Gaisce Packages  
 Team Building, Ice Breaker and Award Programmes

**Bookings: 045 865742 / 087 466 2252**  
**Email: info@cpadventure.ie**

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- Transition Year Packages
- Gaisce packages
- Team Building
- Ice Breaker
- Award Programmes

## Secondary School Full Day Packages

**Sample Itinerary**  
 09:45 Arrive  
 10:00 Begin Icebreaker activities  
 12:30 Lunch  
 13:00 Continue activities: Fun teambuilding games, Orienteering  
 16.00 Finish and depart

### Thrilling Teambuilding for Transitions!

This is an exciting time for transition year students. They have just completed their first State exams and are looking forward to a year of activities that will give them an insight into the world out there. This is an ideal time for getting students who have been friends for the last few years to expand their networks beyond their usual group.

Team building activities are both educational and fun, and are an ideal way to reward students for their hard work. They can equally be great for integrating a new set of classmates and encouraging them to form bonds.

### Allow Us to Come to You!

Perhaps you have been looking into team building exercises but would prefer to avoid the time and costs of travel? Well, we could just have a solution for you! Rather than you coming to us, we can come to you!

### Gaisce Packages

We have a number of different adventure packages catering for Bronze & Silver Gaisce awards (Gold on request).

#### Standard Package includes:

An instructor who will come to your school and help organise your Gaisce trip.  
 Hiking in the wild Wicklow mountains between 25 – 50km, over 1.5 – 3 days (depending on award level).  
 Self-catering group accommodation (full board options also available)  
 Onsite instructor available overnight in case of emergencies. Highly experienced and suitably qualified outdoor leaders (Ratio 1: 12).

#### Orienteering Package includes:

As standard above plus: Half-day orienteering session including map reading and compass work.

#### Ropes package includes:

As standard above plus: Half-day day orienteering session including map reading and compass work. Half-day high ropes challenges.

**Benefits**  
 Transition Year Students

- Builds effective teams and enhances relationships between classmates
- Encourages 'out of the box' thinking
- Promotes team communication, co-operation and the development of situational leadership and other essential roles
- Teaches participants about themselves, their team mates and outdoor skills in a fun and exciting environment
- Allows participants to discover the otherwise hidden talents & strengths of their classmates



## Overnight Programmes

### 1 Day & Overnight Camp

#### Day 1

10am Arrival at Adventure Centre  
 10am / 4pm - Land & Water Multi Activities  
 4pm - Canoe across the lake and set up camp.  
 Build Camp Fire. Dinner followed by night walk.  
 Instructors will guide the group up the mountain to view the lake and surrounding areas by night.  
 Game: Camp Factor - Each group will devise their own sketch or talent and showcase around the camp fire.  
 Retire to tents.

#### Day 2

Breakfast followed by clear down of campsite.  
 Canoe back to base to depart for 10am.  
 Cost: €79 per person

### 2 Days & Overnight Camp

Similar to programme above  
 Day 2  
 Breakfast followed by clear down of campsite. Multi Activities to follow  
 Depart from Camp base at 4pm  
 Cost: €115 per person



## Full Day School Package

Multi Activities consisting of both Land & Water activities. Incorporates 5 activities. Runs from 10am to 4pm  
 Cost €38 per person

Activities Include:  
 Archery, NEW Climbing Tower, NEW Zipline, Team Tasks, NEW Ropes Course, Orienteering, Bushcraft, Kayaking, Canoeing, Archery Tag.

New Additional Activities (extra charge)  
 Include: House Tour, Birds of Prey



## Half Day School Package

Consists of 3 hours of Multi activities

From 10am to 1pm OR 2pm to 5pm

**NEW HEALTH FOOD OPTIONS**  
 Chicken Curry & Rice OR Pasta with tomato sauce.  
 Price: €6.95pp (Inc vat)

TEACHERS are welcome to join in all activities for free or relax in the fabulous surroundings of Russborough house, go for a walk or a cycle, visit the coffee shop and let our qualified instructors take charge of your precious cargo!!

**Note: Packed lunches are required on all day and overnight package. Minimum numbers of 20 persons apply for the above rates.**